

314 GET THE BIG PICTURE

Each chapter opens with a focus on Sensitive Issues designed to aid teaching for different student populations, as well as Preview Activities that stimulate classroom discussion on topics to be covered. Don't miss the From The Authors notes that identify key issues and why they matter in students lives today.

316-320 LESSON SUPPORT

As you review each lesson look for support, discussion, and activity options like Differentiated Instruction, Writing and Health, Math and Health, Cooperative Learning, Active Learning, Addressing Misconceptions, Visual Learning, Building Vocabulary, Cultural Connections, and Teens Are Asking...matter in students lives today.

323 HEALTH AT HOME

Parents and students often struggle to connect learning from the classroom to home and beyond. These teaching suggestions are designed to ensure that important topics and issues are not simply pushed aside when class ends, but to made into lifelong health habits.

338 ASSESSMENT OPTIONS

Helping students become literate individuals committed to the benefits of a healthy lifestyle means more than just paper and pencil testing. It means reading, writing, communicating, hands-on activities, media literacy, and standardized test practice help students to demonstrate what they have learned. Don't miss the Endurance Event – designed to connect community issues to the health classroom!

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22 & 58 CONNECT TO YOUR LIFE

Look for embedded questions in the narrative that bring topics students are studying into a personal context.

170 TEEN TALK VIDEOS

Students learn from their peers, and these videos show and discuss how teens handle real-world issues.

212 UP-TO-DATE CONTENT

Throughout the program you will find up to date content and links for students. i.e. MyPlate guidelines.

342 & 345 ACTIVE LEARNING

Look for activity-based options in the Warm up, Hands-on Activities, Media Wise, and Building Health Skills features.

370 & 564 BUILDING HEALTH SKILLS

Explore health issues students deal with in real-world situations, with practice options.

456 FOCUS ON ISSUES

Teens communicate their opinions on some of today's important health issues.

700 MEDIA WISE

Analyze the influence of the media on the health decisions students face.

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